Motivational Incentives/ Contingency Management

March 15, 2002

Blending Clinical Practice and
Research

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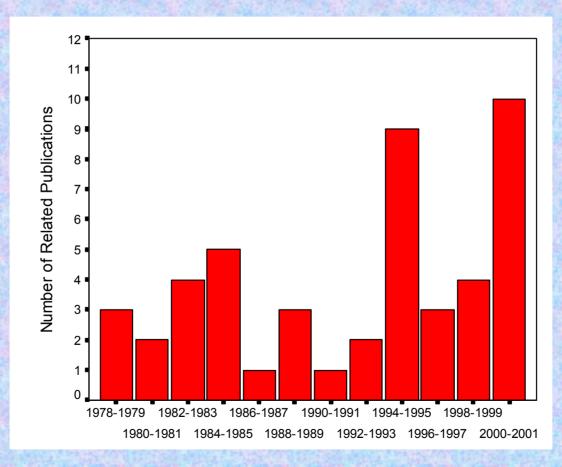
The Rockefeller University

Contingency Management

- Rewarding and Reinforcing Abstinence from Drugs and Alcohol
- Using Money, Vouchers, Gifts, Prizes, or Benefits
- An old idea?
- A new idea?

A new idea that has taken a long time to get here!

Contingency Management and Addiction Citations, 1978-2001



Outline of the Presentations

- 1. Theory, History, and Research Findings
- 2. Contingency Management in NYC
 - -- A Protocol Description
- 3. The Clinic and the Clinician's View
- 4. Group Exercise
- 5. Questions and Discussion